Why the hoopla for St. Patrick’s Day? It is a global celebration of Irish culture in mid-March with recognition of St. Patrick, one of Ireland’s patron saints.

The Jenks Center is pleased to offer an array of programs and events honoring St. Patrick and the Irish tradition. Singer, yodeler and multi-instrumentalist Roger Tincknell’s performance is a fun, engaging and interactive musical adventure that blends traditional and contemporary Irish music.

Nothing is more traditional in celebrating St. Patrick’s Day than a corned-beef and cabbage dinner with all the trimmings. The Events Committee has once again organized a sumptuous Irish dinner for our St. Pat’s celebration that includes entertainment with dancers from the School of O’Shea-Chaplin Academy of Irish Dance and music by Mossie Coughlan.

The Film Committee has selected two memorable films in recognition of Ireland and the Irish influence in America: A Quiet Man and Brooklyn.

We hope that you visit the Jenks Center this month and enjoy all of our activities.
venues run on Tuesday mornings 9:30 a.m. – 1 p.m. All Ride requests for Monday and Tuesday must be received prior to 2 p.m. on Thursday of the previous week.

Schedule transportation services by calling the Transportation Coordinator, Sue Clark at 781-721-7136 ext. 17. Monday – Thursday 9 a.m. – 4 p.m.

TRAVEL NEWS

BSO Open Rehearsal & Venezia Restaurant
Thursday, April 2, 2020

The Boston Symphony Orchestra Open Rehearsal offers an outstanding opportunity to share an insider’s view of the BSO’s concert preparation. Today’s program will include music by HK Gruber, Gershwin, and Rachmaninoff and feature pianist, Jean-Yves Thibaudet and conductor, Andris Nelsons. Following the rehearsal, we will have lunch at the popular Venezia Restaurant.

Menu choices will be available at sign-up. Price pp: $78.00 includes BSO admission, lunch, all taxes, gratuities and transportation. Pick-up/return: 8:00 a.m./3:30 p.m. (Note: This is a ticketed event…there will be no refunds!)

Reservations can be made by signing up at the Jenks Center. Full payment and menu selection (where applicable) must be made at the time of sign-up and is non-refundable.

Checks should be made payable to “WSA” with the name of the trip and the names of all individuals included in your payment recorded on the memo portion of your check. Cash will not be accepted.

The Jenks Newsletter is usually published every month and is supported by funding from the MA Office of Elder Affairs through the Winchester Council on Aging and the Winchester Seniors Association. The newsletter is available online at www.jenkscenter.org. Let us know if you would prefer to read online and no longer want to receive a mailed copy.
**TRANSPORTATION SERVICES**

Available to Winchester seniors 60 years or older.

**The Jets Shuttle**
Transportation provided on Monday, Wednesday and Friday mornings to the Jets Center for programs and socializing. Door to door service within Winchester. Pick up begins at 9 a.m. Last return trip leaves the Jets at 12:15 p.m. Please schedule at least two business days in advance.
Door to door service to Jets Learning Connection on Wednesday and Thursday evenings.
Weekend program service may also be available. The Jets shuttle can accommodate wheelchair passengers.

**Volunteer Drivers**
Travel anywhere in Winchester for medical, shopping, hairdressers, visiting or adjacent towns for medical appointments only.
Monday - Friday: 9:00 a.m. - 4:00 p.m.
Please schedule at least two business days in advance.

**Medical Transport**
Transportation provided by SCM Door to Door to medical appointments in the greater Boston area. Monday - Friday: Wheelchair accessible.
Please schedule at least one week in advance.

**Taxi Vouchers**
In partnership with Woburn Checker Cab, taxi vouchers are available to Winchester seniors to purchase at a specific rate to travel for medical, shopping, hairdressers, visiting and other activities for a specific number of participants. Therefore, when we request that you register, kindly do so. If an event becomes full, you may put your name on a waiting list. We will contact you if we have any cancellations. We cannot accept calls for events that require registration. Also, if you signed up and cannot attend, please call to cancel. For activities with limited space, we want to fill all vacancies and cancellations allows us to do that. Thank you very much for your cooperation and understanding.

**Winchester Meals on Wheels Update**
The Winchester Meals on Wheels program has a new telephone number: 781-729-3353.

**LOOKING AHEAD**

**Beatles Concert**
Saturday, April 11th 3:00 – 5:00 pm

**Maggie's Back in Town**
Sunday, April 26th 3:00 – 5:00 pm

**Pet Therapy with Maxi**
Monday, March 2nd 10:00 am
Come reduce stress and lower your blood pressure with some pet therapy! Maxi, a sweet and gentle Golden Doodle, is a certified pet therapy dog. Drop in for a few minutes or spend the hour with Maxi and owners, Rob and Edd.

**Whole Foods Market: Healthy Smoothies**
Monday, March 2nd 1:00 pm
Donna DeCanto, Culinary Demo Specialist from Whole Foods Market in Woburn, returns to teach us how to make healthy smoothies in minutes in a blender. Learn some new cooking ideas, taste samples, and receive recipes. Each registrant is eligible for a chance to win a goodie bag with produce from Whole Foods Market. RSVP. Space limited (max 40 each month).

**Town Manager Discussion**
Tuesday, March 3rd 10:00 am
Town Manager Lisa Wong will host an informational meeting for Winchester residents and Jets patrons to discuss upcoming Town Meeting articles and elements of the proposed 2021 budget. In addition, Ms. Wong will host a Q&A with Jets patrons — this is an excellent opportunity to learn about recent Town government initiatives as well as planning for the future.

**The Inoculation: Raising Healthy Kids**
Tuesday, March 3rd 7:00 – 9:00 pm
Join this community presentation by author Jessica Lahey titled “The Inoculation: Raising Healthy Kids (and Grandkids).” All parents, grandparents, caregivers and community members are welcome to hear Ms. Lahey discuss how to prevent childhood addiction from her perspective as a recovering alcoholic, mom and teacher at a rehabilitation center for adolescents. Ms. Lahey writes about education, parenting, and child welfare for The Atlantic, Vermont Public Radio, The Washington Post and the New York Times and is the author of the New York Times bestselling book, The Gift of Failure. This is a free event open to everyone; please register your attendance at winchestercenter@jenkscenter.org. Sponsored in part of the Jenks Center’s Literacy Initiative.”

**Library On-Line: What is the Cloud?**
Wednesday, March 4th 2:30 pm
Have you heard about the “cloud”? Cloud computing allows data to be stored using a network of remote servers hosted on the Internet rather than on a local hard drive or a personal computer. Learn what everyone means when they say, “My data is in the cloud” with Ran Cronin, Head of Technology and Information Services with the Winchester Public Library.

**From Ireland to America**
Thursday, March 5th 10:30 am
Join Tony Conte for this photo journey visiting Lago Maggiore, including Locarno, Switzerland; Lago Como; the Cinque Terre; Trentes; and Innsbruck, Austria. The lakes district in Italy, in the shadow of the Alps, offers stunning landscapes that inspired artists, writers and poets. Escape the snow and cold as you visit Cinque Terre, as string of five terraced fishing villages along the seacoast. Enjoy the city of Trento, home of Buonconsiglio Castle, known for its late-medieval frescos. Lastly, visit picturesque Innsbruck, Austria, nestled in the snow-capped Alps. Sit back for this tour taken from the comfort of our warm Jenks Center.
Monday Movies at the Jenks
For St. Patrick’s Day, the Film Committee has selected two memorable films in recognition of Ireland and the Irish influence in America.

Quiet Man - Monday, March 9th 12:30 pm
A 1952 movie classic starring John Wayne and Maureen O’Hara that was selected for preservation in the US National Film Registry by the Library of Congress as being “culturally, historically or aesthetically significant.”

Brooklyn - Monday, March 30th 12:30 pm
This 2015 movie depicts a young Irish immigrant lured to the promise of America and Brooklyn, New York in the 1950s. Despite an initial bout of homesickness and difficulty in the new land, Ellis Lacey’s (Saorise Ronan) prospects change when she meets an Italian American plumber. She must address tensions of wanting to return to family at home or remain in America with a new career and opportunities.

Understanding Long Term Care Insurance
Tuesday, March 10th 1:00 pm
Join COA financial consultant, Harry Rothmann, and his invited speaker, Hans Hug, Jr. of LTC Insurance Group, to learn more about long term care insurance. Often a confusing and complex product, Mr. Hug will discuss the need for this type of insurance, the options to consider, their costs, how claims work, the impact of medical conditions on obtaining coverage, and the possible use of Hybrid Life Insurance/Long Term Care Insurance products. Mr. Hug has presented to several organizations and trained many SHINE counselors for the MA Executive Office of Elder Affairs.

Creating a Secure Home Environment
As We Age in Place
Wednesday, March 11th 12:00 pm
Our Lunch and Learn speaker is Una Barrett, gerontologist, certified geriatric care manager and home safety expert with Positive Living Solutions, LLC. During her career, Una realized most homes are not designed for lifetime living. Studying home modifications, universal design make reservations at the front desk (space limited to the first 15 patrons). Payment and meal selection required at time of reservation. If you are interested in participating in this monthly activity, please sign-up at the front desk with your name and email (no commitments at this point) to be added to the distribution list. Mark Gallagher, coordinator for this new activity, will circulate an email each month outlining the restaurant, meal selection, date, time and other details. From there, if interested to attend that month’s dinner, you will sign-up at the front desk.

Bon Appetit!!

Calling All Artists!
Art Exhibit at the Jenks in April and May
Calling All Artists. Do you have paintings, photos, quilts, or other art pieces you would like to display? This fun and fascinating event decorates our Center and offers an opportunity share your amazing creativity with our community. Please sign-up by Wednesday, April 15th.

Jenks Learning Connection
Spring Session: March, April, May
We are pleased to continue our Jenks Learning Connection program this spring, offering the community of Winchester and beyond, the opportunity to engage in lifelong learning. All ages are welcome to participate in the variety of four and eight-week classes as outlined in the newsletter insert, which includes registration information. Thank you to the John and Mary Murphy Foundation for their generous support of the Jenks Learning Connection.

Want to Impact the Future of Winchester Seniors? Seeking WSA Board Members!
The Winchester Senior Association is seeking candidates for the Board of Directors. The WSA is responsible for the operations of the Jenks Center, maintaining the financial health of the organization. Board members are elected for one- or two-year terms and serve a maximum of six years. If you are interested in joining the board, or would like more information, please email Erica Drazen at erica@drazenhome.com. Thank you!

Meet Betty Minassian
Jenks Patron Advocate
As the Patron Advocate, member of the Collaborative Group, Betty Minassian provides her expertise and passion for healthy aging representing the interests of Jenks patrons. Please meet with Betty to discuss suggestions and ideas that can improve services and programs for our Jenks community. Betty holds “office hours” twice a month.

Volunteer Opportunities
The Jenks Center benefits from the generous time and efforts of volunteers (more than 250). Volunteers consistently say that the personal rewards they receive from volunteering are immeasurable. Whether you have an hour a month or several hours a week to give, we will help you find the right opportunity for your interests and skills. The following positions are currently available:

iPad, iPhone/Computer Help
Thursdays, 2:00 - 4:00 pm
Having problems with your iPhone, iPad, Chromebook, or PC? Join Don Nelsen and his team of device experts to get help. Bring your device and for iPhones and iPads, have your Apple ID and password. First come, first served. No appointment needed.

Age Management Discussion
Friday, March 6th 10:45 am
Join Paul Peterson for this discussion group on age management: an approach to aging focused on preservation of optimum human function and quality of life, making every effort to slow the process of degeneration of the body that comes with aging. The group discusses a variety of topics including dealing with the aging process; what are the prospects and innovations for the future; can you slow aging, stop it altogether or even reverse it; and what treatments and medications are now being tested. Come, learn more, and share your experiences and knowledge.

Winchester Chinese School: Shen Yun Performing Arts
Friday, March 6th 1:00 pm
Jennifer Zhang from the Winchester Chinese School returns to introduce you to the Shen Yun Performing Arts. She will present how the arts and health are related through the universal language of music and dance, taking returns to introduce you to the Shen Yun Performing Arts. Jennifer Zhang from the Winchester Chinese School returns to introduce you to the Shen Yun Performing Arts. She will present how the arts and health are related through the universal language of music and dance, taking

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There is Nothing to Fix - Author Event
Thursday, March 19th  6:30 – 8:00 pm
Suzanne Jones, founder of the TIMBo Collective and author of There is Nothing to Fix: Becoming Whole Through Radical Self-Acceptance, will read excerpts from her acclaimed book and share components of her innovative theory and method of trauma recovery. This interactive discussion will leave you with a new perspective on stress and trauma, concluding with a guided meditation and demonstration of simple tools for wellbeing. Sponsored in part by a grant from The Cummings Foundation.

Brain Healthy Food Demonstration
Monday, March 23rd  1:00 pm
The way you feed your body affects your brain as well! Learn how to reduce your risk of dementia by choosing the right foods to eat and how to cook them for a long, healthy life! RSVP. Sponsored by The Residence at Pearl Street.

Memory Café: Get Ready for Spring Tuesday, March 24th  10:30 am
Get your green thumbs ready and let’s prepare for spring! Join us as we plant seedlings which you can take home and put on your windowsill. We will also play a fun game and enjoy light refreshments. The Memory Café is a welcoming place with those with memory impairments and their caregivers. RSVP.

Coffee and Books: My Beloved World Wednesday, March 25th  11:00 am
March’s reading, My Beloved World by Sonia Sotomayor recounts the author’s life from a Bronx housing project to becoming the first Hispanic and third woman appointed to the US Supreme Court. Through her eyes, America’s infinite possibilities are envisioned anew in a warm and honest book, destined to become a classic.

Caregiver Support Group
Thursday, March 26th  1:00 pm
Caregiver Group serves families, partners, and other caregivers of adults with disorders such as Alzheimer’s, stroke, brain injury, and other chronic debilitating health conditions. The group offers a safe place to discuss the stresses, challenges, and rewards of providing care for a loved one. RSVP.

Oh, My Stars! Under the Suburban Sky Friday, March 27th  7:30 – 9:00 pm
You may know that coyotes and wild turkeys can be seen in the suburbs, along with elusive orchids and migrating monarch butterflies. But the stars? Surely the city lights are too bright! Indeed, they are brighter than they should be. Nevertheless, every major astronomical phenomenon – from glittering star clusters to ghostly galaxies – can be viewed from the suburbs, if you know where and how to look. Science teacher Joshua Roth will use a mix of colorful slides and hands-on activities to bring the stars down to earth. Weather permitting, we’ll mix indoor learning with time under the skies of early Spring. Dress warmly and bring binoculars if you have a pair.

New Monthly Activity: Meet, Greet and Eat
March 5th & 24th
The Jenks offers podiatry services twice a month: the first Thursday (10 am-1 pm) and the fourth Tuesday (9:15 am-12:15 pm). Dr. Gregorian, a Board-Certified Podiatrist, brings her own equipment and charges $35.00 made payable to her (check or cash, please). Appointments are required. Call to schedule.

Wright Locke Farm Mending Workshops Session 3 – Saturday, March 14th 9:30 - Noon
Join instructor Karen Bellacosa to learn the art and craft of repairing your favorite clothes. It’s satisfying, creatively empowering, saves money and is very good for the planet. Each workshop will start with instruction of basic techniques and no matter what your experience, Karen will provide expert advice to give you the confidence to tackle your projects. Sitting, talking and sewing together is a lovely way to spend a morning and a great way to meet new friends! Warm beverages and delicious snacks provided. This is the last of three sessions. Cost: $20. RSVP at www.wlfarm.org/adult-education-programs.

Nutrition with Jessy McNeil
Wednesday, March 18th  2:30 pm
Make it Mediterranean. Ms. McNeil will discuss the latest trends in plant-based alternatives. Good-bye flour; hello veggie! Featured item: Grain free/Gluten free snacks. Puffins are the new chips.

Embracing Simplicity Workshop
Thursday, March 19th  10:30 am
What if you could unlock greater harmony and alignment in your home, your health, and your heart? Simplicity consciousness holds infinite possibilities! Our speaker, Michaela Pixie Mahtani, MBA, GRI, CPT, REALTOR at Leading Edge, will explore what it means to embark on a Simplicity Journey, discussing the impact of simplicity on mental, physical and emotional wellness as well as presenting easy ideas to embracing simplicity as a daily practice. Join us for this lunch workshop. RSVP. Space limited. Sponsored by Picnic with lunch from La Pasticcera.

Bridge at The Jenks
Sunday, March 15th  1:00 - 4:00 pm
Join us for a fun afternoon of Bridge, including refreshments. Play duplicate bridge (with pre-set hands) or home-style (shuffle and deal). Bob Gautier will answer questions and officiate the game. Make your reservation by emailing bgaudekder@yahoo.com or sign up at the Jenks Center. Cost $15 – payable at the door. Future date: April 19.

Candies Forum with The League of Women Voters
Sunday, March 15th  2:00 – 3:30 pm
Join the League of Women Voters of Winchester for “A Day at the Races” that features a debate among candidates running for contested municipal offices. As time permits, The League will discuss ways voters can participate in town government. Sponsored by a grant from The Cummings Foundation.

Leaving Your Handprint Behind
Monday, March 16th  12:30 pm
Marie Antino’s motivational seminar will help you realize that you have talents to create something to leave as your legacy. This workshop examines the uniqueness of the individual and different ways to express uniqueness through your legacy. We all have a story to tell, how will you be remembered? Ms. Antino is cofounder of the Massachusetts Retirees United.

Lost in Outer Space: The Incredible Journey of Apollo 13
April 19.
Join the League of Women Voters of Winchester for an event featuring a discussion of the incredible journey of Apollo 13. From “Houston, we’ve had a problem” to the final tense moments at Mission Control, Lost in Outer Space takes readers on the unbelievable journey of Apollo 13.

Podiatry Clinic
March 5th & 24th
The Jenks offers podiatry services twice a month: the first Thursday (10 am-1 pm) and the fourth Tuesday (9:15 am-12:15 pm). Dr. Gregorian, a Board-Certified Podiatrist, brings her own equipment and charges $35.00 made payable to her (check or cash, please). Appointments are required. Call to schedule.

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**INDEPENDENT & ASSISTED LIVING**

Let us help with your next transition.

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**SEASON TICKETS TO ADVENTURES AT LIFESTYLE**

Winchester, MA 01890

299 Cambridge Street

781-756-1026

info404@homeinstead.com

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<table>
<thead>
<tr>
<th>Daily Schedule</th>
<th>MONDAY</th>
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<tbody>
<tr>
<td>ESOL</td>
<td>9:00 - 10:00 a.m.</td>
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<tr>
<td>Exercise</td>
<td>10:00 - 12:00 p.m.</td>
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<tr>
<td>FABBS System of Exercise</td>
<td>12:15 - 1:30 p.m.</td>
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<tr>
<td>TaiChi</td>
<td>10:00 a.m.</td>
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<tr>
<td>Rating Together</td>
<td>11:00 a.m.</td>
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<tr>
<td>Mah-Jongg</td>
<td>1:00-2:00 p.m.</td>
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<tr>
<td>SHINE Conversation</td>
<td>2:00 - 3:00 p.m.</td>
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<tr>
<td>Portuguese Conversation</td>
<td>3:15 - 4:30 p.m.</td>
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**TUESDAY**

<table>
<thead>
<tr>
<th>Daily Schedule</th>
<th>TUESDAY</th>
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<tbody>
<tr>
<td>Meditation &amp; Mindfulness Yoga</td>
<td>9:00-10:00 a.m.</td>
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<tr>
<td>WICH</td>
<td>10:15 a.m.</td>
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<tr>
<td>Italian Conversation</td>
<td>10:00-10:50 a.m.</td>
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<tr>
<td>Canasta</td>
<td>12:00 p.m.</td>
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<tr>
<td>Bridge, Quilting &amp; More</td>
<td>1:00-2:00 p.m.</td>
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<tr>
<td>Art Class</td>
<td>3:30-4:30 p.m.</td>
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**THURSDAY**

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<thead>
<tr>
<th>Daily Schedule</th>
<th>THURSDAY</th>
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<tbody>
<tr>
<td>Chinese</td>
<td>9:00 - 10:30 a.m.</td>
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<tr>
<td>Korean</td>
<td>10:00-1:00 p.m.</td>
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<tr>
<td>Spanish Conversation</td>
<td>10:15 -11:30 a.m.</td>
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<tr>
<td>Bridge</td>
<td>12:00-1:30 p.m.</td>
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<tr>
<td>SHINE Conversation</td>
<td>1:00-2:00 p.m.</td>
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<tr>
<td>German Conversation</td>
<td>2:00-3:00 p.m.</td>
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<tr>
<td>Drop-in Computers &amp; Phones</td>
<td>2:00-4:00 p.m.</td>
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<tr>
<td>Strength Training</td>
<td>3:30-4:30 p.m.</td>
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<tr>
<td>FABBS System of Exercise</td>
<td>9:00 -10:00 a.m.</td>
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<tr>
<td>TaiChi</td>
<td>10:00 a.m.</td>
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<tr>
<td>Rating Together</td>
<td>11:00 a.m.</td>
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<tr>
<td>Beginners Line Dancing</td>
<td>12:15-1:00 p.m.</td>
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<tr>
<td>Intermediate Line Dancing</td>
<td>1:00-2:00 p.m.</td>
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<tr>
<td>Dance Fever</td>
<td>2:00-3:00 p.m.</td>
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**PROGRAMS THAT ARE NOT EVERY WEEK**

<table>
<thead>
<tr>
<th>Program</th>
<th>Date</th>
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<tbody>
<tr>
<td>Age Management Discussion / 1st Friday of the month</td>
<td>10:45 a.m. – 11:00 a.m.</td>
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<tr>
<td>Support Group / 3rd Wednesday of the month</td>
<td>1:00 p.m. – 2:00 p.m.</td>
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<tr>
<td>Chinese Conversation / 1st Tuesday of the month</td>
<td>1:00 p.m. – 2:00 p.m.</td>
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<tr>
<td>Golf &amp; Books / 4th Wednesday of the month / September to June</td>
<td>11:00 a.m. – 12:15 p.m.</td>
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<tr>
<td>Vending Committee Meeting / 2nd Monday of the month</td>
<td>11:30 a.m.</td>
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<tr>
<td>Lunch &amp; Learn / Noon Hour</td>
<td>11:30 a.m.</td>
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<tr>
<td>Literary Lunch</td>
<td>11:30 a.m.</td>
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<tr>
<td>Library on Line / 3rd Thursday of the month / By Appointment only</td>
<td>9:00 a.m. – noon</td>
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<tr>
<td>Market Basket Shopping</td>
<td>9:30 a.m.</td>
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<tr>
<td>Memory Café</td>
<td>10:30-11:30 a.m.</td>
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<tr>
<td>Men’s Discussion / 1st &amp; 3rd &amp; 5th Wednesday of the month</td>
<td>11:00 a.m.</td>
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<tr>
<td>Monday Movies</td>
<td>12:30 p.m.</td>
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<tr>
<td>Newsletter Mailing</td>
<td>8:30 a.m.</td>
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<tr>
<td>Nutrition / 3rd Wednesday of the month / December to June</td>
<td>11:00 a.m.</td>
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<tr>
<td>Pet a Pet with Dan / 1st Monday of the month</td>
<td>10:00 a.m.</td>
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<tr>
<td>Poetry / 1st &amp; 3rd Wednesday of the month</td>
<td>1:00-2:00 p.m.</td>
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<tr>
<td>Whole Foods Demo / 1st Monday of the month / Sept, Oct, January to June</td>
<td>10:00 a.m.</td>
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<tr>
<td>COA Board Meeting / 2nd Wednesday of the month / Not In August</td>
<td>1:00 p.m.</td>
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<tr>
<td>USA Board Meeting / 3rd Tuesday of the month</td>
<td>11:30 a.m.</td>
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**March Programs**

<table>
<thead>
<tr>
<th>Program</th>
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<tbody>
<tr>
<td>Town Manager Line-Up</td>
<td>10:00 a.m.</td>
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<tr>
<td>The Invention: Running Really Kids</td>
<td>7:00 p.m.</td>
</tr>
<tr>
<td>A Photo Travelogue</td>
<td>7:30 p.m.</td>
</tr>
<tr>
<td>Publishing Workshop</td>
<td>1:30 p.m.</td>
</tr>
<tr>
<td>From Indiana to America</td>
<td>10:30 a.m.</td>
</tr>
<tr>
<td>Dr. Patrick Day Celebration</td>
<td>4:00 p.m.</td>
</tr>
<tr>
<td>Long Term Care Insurance</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>Marketing Workshop</td>
<td>9:15 a.m.</td>
</tr>
<tr>
<td>LOVEF Candidates Forum</td>
<td>1:00 p.m.</td>
</tr>
<tr>
<td>Embracing Simplicity</td>
<td>10:00 a.m.</td>
</tr>
<tr>
<td>There is Nothing to Fix Author Event</td>
<td>6:30 p.m.</td>
</tr>
<tr>
<td>Brazilian Jiu Jitsu</td>
<td>1:00 p.m.</td>
</tr>
<tr>
<td>Dr. Deering on Yoga</td>
<td>6:30 p.m.</td>
</tr>
<tr>
<td>Oh My Stars! Under the Suburban Sky</td>
<td>7:30 p.m.</td>
</tr>
</tbody>
</table>

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**PARKING AT THE JENKS**

Parking is the number one headache for Jenks patrons, with no miraculous solution in sight. There are 26 parking spaces that are “designated” for Jenks patrons requiring that you have a “Jenks permit” on your dashboard. Permits are available at the front desk. There are two things you can do to improve the situation. If you park on Sillings Road across from the Center, for safety, please walk up towards the high school and use the crosswalk. When parking in the spaces in the lot, take care not to park too close to cars next to you. Thank you!