HAPPY THANKSGIVING TO ALL

Thanksgiving celebrations will be very different this year. Despite that everyone wants attention and needs the comfort and comraderie of family and friends, for many of us is the desire to give thanks despite the manifestations of Covid-19. We encourage everyone to find solace in the strength and support of loved ones-let’s be grateful for what we have and most importantly to show gratitude to others.

The Jenks Center wishes all of patrons best wishes for this upcoming holiday season. We are very grateful to you for all of your contributions and good tidings. Research supports that expressing gratitude is beneficial to our health and well-being. Most people are happiest when they are grateful. During times of crises, taking the time to thank others can lessen our loneliness and foster social connections with others while generating generosity.

Be mindful of the recent surge of Covid-19 cases and continue vigilance in transmitting the virus to others. Taking precautions such as face coverings, physical distancing and good hygiene will help promote a safe holiday for family and friends.

HONORING OUR VETERANS

We are also very graeteful for our veterans and their service to our country. It was with great regret that our legendary Veterans’ Celebration coordinator, Marge Lebadz, informed us that this year’s ceremony will be low key in recognition of social distancing requirements. Many veterans will be celebrating at home with loved ones and we hope that they know that they are in our thoughts and prayers. The Jenks is very proud of all our veterans and we give thanksgiving to your contributions to our country.

HOLIDAYS

Veterans’ Day, November 11th
Thanksgiving Holidays, November 26th and 27th
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Perk Up Pastry Drive-By Event by Winchester Rotary was a major success bringing out over 100 Jenks patrons on a beautiful Fall day.

Update of Jenks Closure to the Public
The Jenks Center remains closed to the public and continues limited operations of programs outside and virtually that are featured in this November newsletter. In addition the Council on Aging social worker, nurse and transportation coordinator are available by appointment only.

The various boards of the Jenks Center (Winchester Seniors Association, Winchester Seniors Association Trust and the Council on Aging) continue to develop criteria and conditions necessary for the Jenks Center to begin a safe and measured approach to the reopening of the building to serve older adults.

Covid-19 Initiatives
We continue to address food insecurity with delivery of boxes of food generously donated by the Salvation Army. In addition, if you are need of face coverings/masks please let us know and we will provide as needed. We are providing limited transportation services; see notice within this newsletter. If you would like to receive telephone calls from us please let us know. In addition, the Council on Aging nurse, social worker and transportation coordinator are available to meet with patrons by appointment only.

NEW TO ZOOM?
In this tutorial, Information Services Librarian Ran shows you how to use Zoom on a PC, including the following buttons: mute, start/stop video, participants, rename, chat, reactions, gallery/speaker view, and leave meeting. At the end, two very special quests join the Zoom meeting!

NOVEMBER EVENTS, ACTIVITIES, AND PROGRAMS AT THE JENKS
We have labeled each event as either OUTSIDE, INSIDE, MOBILE, VIRTUAL or LIVESTREAM (WinCam). Unless otherwise noted, all are free and all require registration.

VIRTUAL: Impressionism with Jane Blair
Tuesday, November 3rd 10:30 am
We welcome Jane Blair back for another enlightening and enjoyable presentation on impressionist art. The Impressionists were painters of light, painters of nature, and painters of human nature. Having little in common except a shared enemy, the Academy, artists like Monet, Renoir and Degas defied convention and changed the way
the whole world looked at art. Like a stone dropped into a still pond, the ripples from this revolutionary style of painting spread out, influencing a whole new generation of artists. Join us for a close look at many of the paintings that moved the world into the modern era. Jane Blair, owner of Art Matters, earned a Bachelor of Fine Arts degree from Boston University and a Master of Fine Arts degree from the University of Illinois in Champaign/Urbana. Register at our website www.jenkscenter.org to obtain Zoom link. 

Sponsored by a grant from the John and Mary Murphy Educational Foundation.

MOBILE: Blood Pressure Clinic at Palmer/Westley Streets Housing Complexes

Wednesday, November 4th 11:00 am-11:45 am at Palmer St, 12:00 pm-1:00 pm at Westley St.

Colleen Wages, Jenks nurse, will provide blood pressure checks in the parking lots of both housing complexes. We will be offering this monthly, usually the first Wednesday of each month. Watch for the Jenks vehicle as blood pressures will be done inside the van. To comply with state COVID-19 guidelines and regulations, masks are required, and 10 feet social distancing must be maintained if there is a line. Disinfecting between patrons and disposable arm sleeves for blood pressures will be provided to ensure everyone’s safety. To minimize contact and wait times, only blood pressures will be done at this time however you may contact the Jenks nurse at any time with questions.

INSIDE: Blood Pressure Clinic

Thursday, November 5th 10:00 am-12:00 pm

Colleen Wages, Jenks nurse, will be offering blood pressure checks but an appointment time is necessary. To comply with state COVID-19 guidelines and regulations, masks are required, and 10 feet social distancing must be maintained if there is a line. Disinfecting between patrons and disposable arm sleeves for blood pressures will be provided to ensure everyone’s safety. To minimize contact and wait times, only blood pressures will be done at this time however you may contact the Jenks nurse at any time with questions. Please register for a time slot.

INSIDE: Winchester Health Department Final Flu Clinic

Thursday, November 5th 3:00 pm - 7:00 pm

The Winchester Health Department in cooperation with the Jenks Center, will be holding flu clinics this fall. The flu vaccine is an important step to reduce flu-related illness and the overall impact of respiratory illness during the COVID-19 pandemic.

IMPORTANT: Please bring to the clinic a photo ID or Driver’s License and ALL of your health insurance cards! If your insurance does not pay for the flu shot/FluMist in a public clinic setting, there will be a cost of $15.00 for the seasonal flu vaccines and $45.00 for the High Dose Flu Shot. We will only accept payment by check.

Both flu shots and FluMist nasal spray will be available at the community clinics. FluMist is for people ages 2 through 49 who are healthy, not pregnant and with no chronic medical conditions. Appointments are necessary and further information will be available soon at: www.winchester.us.

If there are any questions regarding the Senior High Dose Clinic, please call 781-721-7136. Limit the spread; mask up!

LIVESTREAM: The Agitator and The Politician

Thursday, November 5th 7:00 pm

Interested in the anti-slavery movement and the American Civil War? Join author Robert MacDougall to hear about the differing perspectives of William Lloyd Garrison and Abraham Lincoln to appreciate the ironies that permeated the process each took to arrive at the momentous climax of their efforts to abolish American slavery. These two very different men played crucial roles in the abolition movement. This discourse helps us understand the racism that infects American society today and the dynamics of change in our democracy. Robert MacDougall, a retired high school social studies teacher of 49 years, has written four books. Tune to WinCam Verizon Channel 36 or Comcast Channel 8. Available on our website after the livestream date. 

Sponsored by a grant from the Cummings Foundation.
VIRTUAL: Travels in the Land of the Thunder Dragon
Tuesday, November 10th 1:00 pm
Join Barry Pell as he takes us on an adventure to the small and predominantly Buddhist kingdom of Bhutan, squeezed between China and India. Tucked within the rugged Himalaya mountains and mostly covered with thick forest, this area abounds with monasteries, often massive and commanding, with crimson-robed monks performing centuries-old rituals. The country has no traffic lights, smoking is illegal, and employees must wear traditional clothing during work hours. Years ago, the nation identified Gross National Happiness as being more important than Gross National Product. Join Barry and enjoy this photo journey as he shares insights from meeting its people and learning their history and culture. This program is supported by a grant from the John and Mary Murphy Educational Foundation.

VIRTUAL: Library On-Line - Organizing Your Email
Thursday, November 12th 1:00 pm
Does your inbox feel overwhelming? Learn how to take control of your inbox across multiple environments. This session will address how to create folders to store your emails. Join Theresa Maturevich, Assistant Director, from the Winchester Public Library to learn more at this informational session. Join via Zoom https://us02web.zoom.us/j/88614535235?pwd=cmhUanA1dFhQbHVUYVNdVNOVC9jZz09. Meeting ID: 886 1453 5235, Passcode: jenks. To get the link electronically, register on the Jenks website.

VIRTUAL: Composers Corner Features Erik Lindgren
Thursday, November 12th 6:30 pm
Do you enjoy classical compositions? Ever wonder how composers approach writing music? Join us for an interesting interview with a local composer of classical music, Erik Lindgren. Erik's education includes Tufts University, University of Iowa, and London’s Guildhall School of Music where he had opportunities to study with T.J. Anderson, Alfred Nieman, Donald Jenni, Richard Hervig, Peter Lewis and others. Learn about his musical beginnings to becoming a talented contemporary classical composer with compositions ranging from solo piano pieces to chamber music to orchestral works. Our interviewer is Andrew Celentano, a local pianist and composer himself. Register to obtain the Zoom link at www.jenkscenter.org. Sponsored by a generous grant from the Cummings Foundation.

VIRTUAL: Shoulder Pain and Rotator Cuff Workshop
Monday, November 16th 1:00 pm – 2:00 pm
Many people dealing with shoulder pain often dismiss it due to getting older, arthritis, or playing too many sports. You may be surprised to know that you may not have to live with that pain and surgery may not always be the best option. Please join Dr. Michael Stare of Orthopedics Plus to learn the single worst position to sleep in for your shoulder, the #1 biggest mistake people make while suffering with shoulder pain, and simple changes you can make at home to feel better. There will be time for Q and A. Please register as this will allow you to receive the virtual link.

VIRTUAL: Learn How to Paint Birds Rescheduled
Tuesday, November 17th 6:30 pm – 7:30 pm
Artist Eli Portman returns to teach us the basics of painting birds, including feathers, beaks, and everything in between. Using acrylic paint and a canvas, Eli will take you through the process so that you will have the knowledge to continue painting birds on your own. No experience necessary! We will provide a kit with the necessary materials for this workshop. A graduate of the State University of New York with a bachelor's degree in Studio Art, Eli currently teaches art to all ages and hangs his work in galleries and shops all over Massachusetts. Free. Space limited. Visit our website at www.jenkscenter.org to register and obtain the Zoom link. Sponsored by a grant from the Cummings Foundation.
VIRTUAL: Caregiver Support Group - Responding to Resistant Behavior
Thursday, November 19th 11:00 am – 12:15 pm
Have you pondered the question: Is it Really Feasible to Implement a Consistent Routine into a Daily Care Plan While Responding to Resistant behavior of a loved one? In an optimal world, a successful routine can simplify the life of a caregiver and make it easier for them to get everything done. A routine can also greatly reduce stress by helping the person in your care know what's happening next, which makes them feel more safe and secure. What do you do when things don't go as planned and how will you know when it's time to let things go and reposition your response? Let's stay curious as we learn, share and explore more on this topic, together, at our next caregiver meeting happening, Nov.19th. RSVP via the www.jenkscenter.org website. (The Zoom Link will be provided upon registration) Questions? Contact Facilitator/social worker, Suzanne Norton.

VIRTUAL: Book Brainstorming
Thursday, November 19th 1:00 pm
Do you like to read? Remember our “Books and Coffee”? Come meet Erin Dagenais with the Winchester Public Library and join the discussion for a new monthly book program. Since we cannot meet in person (yet), we want to share some new ideas and hear your thoughts for a virtual book group hosted by Erin. All welcome! Register to obtain the Zoom link at www.jenkscenter.org.

OUTSIDE: An Apple A Day For Fall Health
Thursday, November 19th 1:00 pm to 3:00 pm
With the season of Fall upon us the Jenks is pleased to announce that Winchester Hospital is supporting a special drive-by “Apple a Day” event that will get you outside in the crisp Fall air but equally important help you maintain social distancing regulations.

We have all heard the adage “An Apple A Day Keeps The Doctor Away” so come to the Jenks for your choice of apples, apple cider or apple pie. It is simple, just drive-in the parking lot—no need to get out of the car—just tell a staff member your selection and they will happily provide and you are on your merry way. Maybe go to your local park, The Fells or take home.

This event is generously provided by the Winchester Hospital’s community outreach work and support of Winchester seniors and the Jenks Center.

VIRTUAL: Fall Workshop with Corinne Emerick
Thursday, November 19th 6:30 pm
What makes a beautiful arrangement? Is it balance, color and texture? Is it flowers, vegetables, or fruit? Join Corinne Emerick, owner of Privet, a floral design studio, for this hands-on workshop to learn how to fashion a colorful centerpiece with the season's best materials. No experience necessary. Materials provided. Space limited. Registration required. Cost: $10. Sponsored by a generous grant from the Cummings Foundation.

VIRTUAL: Nutrition with Jessy McNeil
Monday, November 23rd 2:00 pm
Inflammation is associated with several chronic conditions, such as heart disease, cancer, arthritis and even Alzheimer's Disease. A healthy diet can help reduce the risk of these illnesses and may even help mitigate the effects of inflammation associated with them. Tune into our Zoom presentation with Jessy McNeil, MSRD to learn more about foods that help fight inflammation. Featured item: Flat bread with assorted toppings. Please register to obtain Zoom link.
EXERCISE CLASSES with the JENKS

This month we continue to offer session exercise classes. Register for your class session, pay for the month, and received the link that will be used for every class in the session. There are no Drop-ins. When registering, please type in your email address correctly or you will not receive the confirmation email and link. Check for accuracy! Please call the Jenks with any questions, 781-721-7136.

VIRTUAL: FABBS Exercise Class, Monday, Wednesday, Friday, 10:00 am: Starting November 2nd, focus on flexibility, agility, better balance and strength. Join this fun gentle exercise class that uses chairs as needed and incorporates integrated movements and exercises drawn from Body Building, Yoga, Taijiquan, Ballet Stretch and Strength Training. Instructor: Hilary Celentano. Registration required. 10 classes in this session. Cost: $50.00. Register at our website www.jenkscenter.org to get the Zoom link.

OUTSIDE or VIRTUAL: Tai Chi Class, Tuesday, Thursday, 8:30 am: Our Tai Chi outside classes will be virtual when the weather prevents holding the class outdoors starting November 3rd. Tai Chi promotes balance, flexibility and cardiovascular strength, while reducing pain, stress, and anxiety through a combination of movement, meditation, and relaxation. Instructor: Hilary Celentano. Registration required. 7 classes in this session. Cost: $35.00. Register at our website www.jenkscenter.org to get the Zoom link.

VIRTUAL: Aerobics Class, Tuesdays, 3:15 pm: Join this class starting November 3rd, and focus on aerobic routines and other exercises for muscle conditioning, strength training, balance, and stretching. Enjoy upbeat music with exercises that are challenging yet safe, and easily modified for all fitness levels. Instructor: Judy Whitney. Registration required. 4 classes in this session. Cost: $20.00. Register at our website www.jenkscenter.org to get the Zoom link.

VIRTUAL: Muscle Class, Thursdays, 3:30 pm: Join this class starting November 5th, focus on muscle conditioning, strength training, balance, and stretching, all while seated, standing, or on mats (optional). Enjoy upbeat music with exercises that are challenging yet safe, and easily modified for all fitness levels. Bring your weights and resistance bands. Instructor: Gail LaRocca. Registration required. 3 classes in this session. Cost: $15.00. Register at our website www.jenkscenter.org to get the Zoom link.

VIRTUAL: Dance Fever Class, Fridays, 3:00 pm: Join this class starting November 6th, for a low impact aerobic workout timed to oldies but goodies and current day tunes. Instructor: Gail LaRocca. Registration required. 4 classes in this session. Cost: $20.00. Register at our website www.jenkscenter.org to get the Zoom link.

WEEKLY HAPPENINGS

OUTSIDE: Conversation French, Wednesdays, 10:45 am: Experienced speakers engage in conversation discussing society, politics, culture, movies. All are welcome. Leader: Claudine Nacamuli. Call the Jenks Center to learn more (781-721-7136).

VIRTUAL: Drop-In Tech Help from the Library, Wednesdays, 11:00 am: Join Theresa Maturevich, Assistant Director, from the Winchester Public Library to get help with your computers, devices, apps, and more. Bring your questions; she’ll provide the answers. No registration required. Zoom Meeting ID: 895 0886 7107 Passcode: help. https://us02web.zoom.us/j/89508867107?pwd=eE5nVVVCTExnUmhDNNlhVJJWldHUT09.

VIRTUAL: Poetry, 1st & 3rd Wednesday of month, 1:00 pm: Recommend, recite, share poems. Discuss poets and the many forms of this artistic and emotional literature. Register and obtain the Zoom link via our website www.jenkscenter.org.
VIRTUAL: Drop-In Coffee Hour, Thursdays, 10:00 am: Join our weekly Zoom Coffee Hour to see your friends, meet new people, enjoy some conversation. Bring your favorite beverage and drop-in. Talk about what’s on your mind or ask some questions. Register at our website www.jenkscenter.org to obtain the Zoom link.

VIRTUAL: Lorin’s Roundtable of Current Events, Thursdays, 11:00 am: Join Lorin’s discussion on our news today: Worldwide Pandemic, Struggles over Civil Rights, Presidential Election, and more. Lorin Maloney will facilitate a dialogue on a new topic each week. Learn some history, hear some facts, and share your thoughts. Additional ideas welcome! Register at our website www.jenkscenter.org to get the Zoom link.

VIRTUAL: Conversation German, Thursdays; 2:00 pm: Whether fluent or beginning, join conversational German to practice speaking, expand your vocabulary, and have fun. All welcome. Leader: Peter Rosenberger.

VIRTUAL: Wilson Science & Technology Forum, 2nd & 4th Fridays of month, 10:45 am: Join this enthusiastic discussion about Science & Technology topics ranging from climate change, to solar power, and cyber security. Our meetings include spontaneous topics as well as planned presentations offered by participants in advance. Register at our website www.jenkscenter.org to get the Zoom link or call the Jenks Center 781-721-7136.

NEW PROGRAMS AT THE JENKS!
The Council on Aging is very pleased to announce that it received funding from the Cummings Foundation to promote cultural competency at the Jenks Center and the Winchester community. Specifically this three-year grant will enable the COA to promote cultural competency through two initiatives: ESL and American Citizenship classes through the leadership of the Winchester School of Chinese Culture (WSCC) as well as program instruction on developing intergenerational programing to the entire community of Winchester. Jennifer Zhang and Wei Han, board members of WSCC, have provided steadfast leadership that has resulted in offering ESL classes virtually via Zoom.

Susan Rozmanith has been hired as project manager of this very unique and important grant. Renowned intergenerational specialist Andrea Weaver is serving as consultant to spearhead the intergenerational programing and will lead the effort to acculturate the entire Town of Winchester with the understanding of the value of bridging generations to make Winchester age-friendly. Recently the Town of Winchester was designated as an “Age-Friendly Community” from AARP of Massachusetts as well as the World Health Organization. Everyone is Invited to Participate in an Intergenerational Workshop.

The Winchester Intergenerational Workshop will take place via Zoom during November on three consecutive Mondays—November 2nd, 9th and 16th from 4 p.m. to 6 p.m. This workshop is open to non-profit agencies, Town employees, teachers, students, older adults—anyone who is committed to uniting generations.

At this workshop, Ms. Weaver will teach us best practices for creating new projects that will strengthen our community, as well as enhancing current intergenerational efforts. Our goal is to make Winchester an age-friendly community that promotes health, economic growth and provide support for all of its members.

The Workshop is typically one full day but we’ve split it into several shorter sessions because we will be meeting virtually. We ask that you make every attempt to attend all the sessions. From this Workshop we will be forming smaller teams for specific projects. You may join those teams even if you haven’t participated in the Workshop. If you’d like to participate, or if you have any questions, please contact Susan Rozmanith at s.rozmanith@gmail.com.
Winchester Senior Citizen Tax Relief
Community Service Reimbursement Program

The Winchester Council on Aging offers seniors (60 years or older) the opportunity to work 125 hours in designated Town departments to earn a reduction of your property taxes of $1500 per fiscal year. Guidelines for the 2020/2021 fiscal year to qualify for participation in this program are: you must own your home in Winchester, have an income reported to the IRS of no more than $60,000 for an individual and $91,000 for a couple, your house cannot be assessed for greater than $1,076,250. Participants in the program enjoy the opportunity to get out of the house and engage in meaningful work in exchange for property tax relief. Returning applicants will receive priority. Because of Covid-19, availability of positions and worksites are limited however Winchester High School is actively seeking seniors for several positions. Questions please call Patti Santos or email psantos@winchester.us.

ADDITIONAL NEWS AND OPPORTUNITIES

One-On-One Tech Help: Since you cannot “drop-in” at the Jenks Center for help with your tech devices during this pandemic, our Tech Help Team has designed a new way to serve you remotely. Send an email to techhelp@jenkscenter.org, explain what device you have (computer, tablet, phone, Apple, PC, and Android), identify the problem, and provide your phone number. A team member will contact you. If you cannot send an email, call the Jenks Center (781-721-7136), ask for the Tech Group, leave your name and phone number.

Do You Sew? Are you looking for a new fun project? Wrap-A-Smile provides quilts for babies and children undergoing cleft lip and cleft palate surgery. This organization has free kits of pre-cut fabric, with directions, for simple quilt tops. The Wrap-A-Smile team will take your quilt top and complete the assembly of the backing and quilt top stitching. We appreciate our exercise instructor Gail LaRocca for suggesting this great project for our Jenks Community and for Wrap-a-Smile for providing the kits. If you are interested in participating, please register on our website www.jenkscenter.org or call 781-721-7136. For more information about the program: wrapasmilequilts.blogspot.com

Medicare Open Enrollment/SHINE Appointments: Are you thinking about changing your Medicare Advantage or Madigan Supplement Plan? Are your prescription costs unaffordable? Do you want to learn about Medicare Savings Programs for income eligible beneficiaries? Annual Medicare Open Enrollment is October 15, 2020 – December 7, 2020 and offers the best time to compare plans, costs, and new benefits. Please call the Jenks to schedule a virtual or telephone SHINE counseling session. Due to COVID19 there will be no in-person counseling this season. SHINE is a free service of Minuteman Senior Services and partially funded by the Federal Administration for Community Living with local funding provided by Lahey Health, Cummings Foundation, Dana Home Foundation, Acton-Boxborough United Way, Concord-Carlisle Community Chest, Maynard Community Chest, Stow Community Chest and private donations. Contact the Jenks Center and staff will be able to assist with facilitating telephone appointments with SHINE counselors.

TRANSPORTATION SERVICES

Transportation Services-
Essential transportation only is available to Winchester seniors 60+ for medical, dental, banking, grocery shopping and pharmacy needs at this time. Please call the Transportation Coordinator at 781-721-7136 X17 if you have any questions.

Volunteer Drivers
While we do our best to continue to offer this service we have few volunteers driving at this time and can not guarantee coverage for all ride requests. Travel anywhere in Winchester for medical, dental, grocery shopping, and banking. Adjacent towns for medical appointments and food pantry only. Mask required.
Monday – Friday 9:00 a.m. - 4:00 p.m.
Please call one week in advance to schedule. **All Ride requests for Monday and Tuesday must be received prior to 2 p.m. on Tuesday of the previous week.**

**Medical Transport**
Transportation provided by SCM Door to Door to medical appointments in the greater Boston area Monday through Friday. Wheelchair accessible. Mask required.
**Please call at least one week in advance to schedule.**

**Taxi Vouchers**
In partnership with Woburn Checker Cab, taxi vouchers are available to Winchester seniors to purchase at a reduced rate of $5 each by mail order only. Mask required.
**Maximum monthly allowance is 10 vouchers.**

**The Jenks Shuttle**
Shuttle Service is available for voting on November 3, 2020 by appointment. Please call at least one week before to schedule 781-721-7136 X17
At this time the shuttle is being used for senior outreach programs by staff only. Any changes to shuttle service will be gradual and on a case by case basis. Our hope is to resume regular service as soon as possible.

Call the Transportation Coordinator at 781-721-7136 X17 if you have any questions.

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**TOWN HAPPENINGS**

**EnKa** in partnership with the Woburn Council of Social Concern is providing a food pantry to Winchester residents. Hours are by appointment only Sundays, Tuesdays and Fridays. 781-369-5844 or email socialservice@enkasociety.org

**Interface Mental Health Referral Helpline:** Do you or someone you love need help finding mental health services? Call 888-244-6843 Interface Mental Health Referral Helpline for Winchester Residents. Interface Mental Health Referral Helpline connects Winchester Residents with mental health resources. The free/confidential service will match your need.

**Council on Aging Social Worker:** While available by appointment for all Winchester older adults, the Jenks social worker also assists any resident under age 60 the first and third Mondays of the month from noon until 4:00 pm. Call Suzanne Norton at 781-721-7136.

**Documenting/Preserving History the Impact of Covid-19:** The Jenks has joined many other community partners to document the impact of Covid-19 on the community of Winchester. The historical significance of this pandemic on the world and the community requires posterity. For information and to submit material, visit [https://winpublib.org/covid19project](https://winpublib.org/covid19project).

**Your Civic Duty! - Voting:** In response to Covid-19 registered voters have the ability to vote three ways for this year’s election: vote by mail, vote early in person or vote on Election Day that is November 3rd. See the Town of Winchester’s website or contact the Town Clerk.
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Seniors Real Estate Specialist

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Photography courtesy of Cydney Ambrose Photography.

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**Jenks Center**

109 Skillings Road
Winchester, MA 01890
781-721-7136

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**Congratulations on SLI’s 25 years of indispensable service to the brain injury community and its leadership in the Old Farm Rockport project.**

**Congratulations Carrol, Peter, families and residents for 25 great years!**

Laura Lorenz and Russ Dingley

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**Congratulations and Best Wishes on your Silver Anniversary!**

Kacamburas Family

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NOVEMBER 2020